



Volume 1, Issue 9 | Date: March 9, 2018

## Technology Overload By Cerina Thorne

There are certainly pros and cons to the advancement of technology for school purposes, but is it healthy?

The question that should be asked is, how much technology is too much in a student's life? Research from Education World says that, on average, people spend more time on technology than the average amount of sleep- 8 hours and 41 minutes. What I found interesting about this research is that the blue light emitted from phones messes with the body's natural rhythms into thinking it's daytime and with a continued lack of sleep, it can lead to a weakened immune system and make someone even more susceptible to mental health issues.

In McDonald, most students seem to use a computer for several school hours each day, at least a period of 40 minutes for class purposes. I asked a couple students how much time they spend on technology outside of school and one junior said about 7-8 hours per day, or every other day on video games. I then asked a 7th grader who said she spends about 2 ½ hours with technology after school.

With all the pros and cons of technology, students should be cautious about the amount of technology they use in a day.

Further, should there be more technological advances for learning? Most students I interviewed for this article said they would like their phones in class for safety reasons, but others said we already have enough technology in our school.

Teacher Miss Rozzo shared her thoughts with me saying, "Technology is an important component in a 21st century education. It is important that our students have the necessary skills to compete in the area of higher education or in the job market."

Some forms of technology we see frequently in school include Chromebooks and access to wireless internet. At the elementary, more technology is being integrated monthly, with the prospects of a 3D printer being available soon.

Technology can end up being the new way of education in the future. Even some teachers are talking about taking notes on the computer instead of paper because most colleges and professions are integrating more technology.



Students use computers in study hall to complete on-line homework, take notes, and write essays.

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## Making School Your Safe Place

By Marisa Carusso



**Officer Bucan with students.**

Keeping students safe is the main concern in schools worldwide, especially at MHS. Safety in this day and age is crucial.

It is only the third month of 2018 and several school shootings have already made

headlines. The MHS staff and administration is always on top of things and the safety and protection of students is a top priority.

Safety precautions such as lockdown drills are practiced to prepare everyone in the building for anything. Recently, Mr. Domitrovich lead a class discussion every period about the tragedy in Florida. He assured his classes that things like this need to be talked about openly, honestly, and maturely.

When asked how he believes violence in schools can be resolved Mr. Domitrovich said, “[T]he ‘No One Sits Alone’ program is an initiative to make students feel welcome before, during, and after school at a campus. This is a long term solution that helps pinpoint students who feel shut out and isolated from peers.”

When asked if schools need more safety precautions, McKenzie Kilbourne said, “Yes, because violence in schools is out of control.” However, she did reassure that she feels safe in her own school.

School tragedies are not ideal to talk about. Nobody is pleased with the fact that preparing for and talking about these things are necessary. However, this is the reality of it. As hard and awful as it is, these things happen all over America.

For a lot of young teens, high school is a crucial time when lots of changes happen. People break off into different groups and there is more peer pressure put on students. This is why it’s important to be kind and to acknowledge everyone. Being kind is a small step towards helping save someone.

McDonald is lucky to be such a safe school. Being a smaller school there is more availability from the staff. If students are suffering from the common problems high school comes with, they could openly talk to any staff member. Much of the staff is approachable and would be more than happy to help someone in need. This is safer than anything else.

If you feel unsafe or that someone poses a threat, it is important to report it immediately.

## **How to Get a Job** By Kobie Baker

There are a lot of things to consider when trying to get a job you will enjoy.

The most important thing is to keep applying. Some people will apply to a job and wait for a reply before applying to any others. A lot of hiring managers wait a while to give time to receive applications from other aspiring workers, so it is not the best idea to wait. After you apply to one place, just keep applying to more.

Another tip is to make sure you apply to somewhere you know you could have fun. Don’t apply to a fast-paced work area if you prefer working slow and steady. Just apply to local shops instead of big places if you know you will get stressed easily. Your mental health is more important than your paycheck.

Something else you want to watch for is how you dress. If you make it as far as getting called for an interview, be sure to dress appropriate for the job. Make sure you are clean shaven and your hair is clean. Your looks are just as important as your resume. Great options for dressing up would be black dress pants, a polo shirt, and clean dress shoes for a boy. For girls, I would recommend a dress/skirt with clean heels or flats.

The last tip I have for you is to be prepared. Always be prepared for any questions they might ask you. Do a quick Google search of possible job interview questions and ask yourself what you would respond with.

Ryder Dye, a sophomore, was just hired three weeks ago at the Dairy Queen in Cornersburg. He says, “I actually really like this job. It is a well-established business run by amazing people.” He continued, “Having a job forces you to be responsible because you are getting paid real money for the first time and you have to be able to handle it carefully.”

Jenna Simmons, a junior, got a job at JC Penney not so long ago and loves it. She said, “I love having my own job because I can finally make my own money and spend it on what I want like concert tickets or a car...not to mention it's a fun job!”



**Senior Autumn Mason posed at her job at The HotDog Shoppe with Vice President Mike Pence.**

# Editorial: International Women's Day

By Lea Brown

In 2011, President Obama declared March 8th to be International Women's Day, a day meant to spread civil awareness and honor the movement of women's rights. This day is celebrated worldwide with rallies, art performances, social networking events, and marches. The reason for celebrating this is day is to achieve full gender equality.

Today, women still struggle with issues of gender pay gap, and being at risk of having worse health and subjected to more violence than men. This is why this day

## TIME TO GET TECHY WITH THE ELEMENTARY

By Victoria Hall

There is a lot going on at Roosevelt Elementary school, including intervention opportunities and improvements in the computer classroom.

Intervention is where students in grades 3-6 stay after school from 2:30 to 3:30 Monday through Thursday to get extra help in either Math or English Language Arts. This gives the students a chance to be ahead in their classes, or get additional help so as to not fall behind.

Mr. Ronghi, the computer teacher, has improved his classes by finding ways to integrate interactive technology into his lessons.

Once a week he shows the 5th graders how to make their own commercials. Some of the commercials included selling a product or talking about sports.

Addison Stetson said, "My favorite thing is trying to sell the product and being the star of the commercials."

Luke Debow said, "My favorite thing is filming and editing the commercials."

The 6th graders are learning how to animate objects to make them look realistic using stop motion animation. This process uses thousands of pictures to animate objects in short videos.

## STUDENTS GET READY TO TACKLE EXAMS

By Autumn Mason

State tests are quickly approaching and it is nerve racking, but it is also important not to stress out.

These tests are an essential part of graduation, unfortunately, and that makes them all the more important. High school students need eighteen points over all to graduate. There are seven different tests including: ELA 1, ELA 2, Algebra 1, Geometry, History, Government, and Biology. Each test has five possible points.

Students need a total of four points with the two english and math tests, which means they need at least two points per test. However, a total of six points between the science and history tests is also necessary. When you add all those up, it only comes to fourteen points, but you need eighteen, so you have to make up for those four points in the tests somewhere.

In an interview Mrs. Bosheff said, "I think the state tests are important because it helps us make sure the students are on track. To help with your stressing over the tests remember, if you don't do well you have multiple chances to take them and do your best, have confidence that what you've learned will make you successful. Make sure you get lots of rest, eat breakfast and just breathe."

Always make sure you are prepared for exam day by going to bed a little earlier. If you normally skip breakfast, be sure to eat something, even if it's something small like a banana or an apple.

is so important to women everywhere.

For one day out of the year, we can shamelessly speak about the issues that need to be fixed, and the wonderful women who we believe can fix them. International Women's Day is a day for women to be strong, stand up, and fight towards equality while overcoming gender barriers. There are many ways to participate in this day. Personally, I will be simply honoring all the strong women in my life.

Dylan Weiss said, "My classmates and I used a basketball to demonstrate this process. It took awhile but in the end the video came out cool."

The school is also trying to get a 3D printer and hopefully have students use it in class.



Mr. Ronghi shows fifth grade students how to film the commercials.

Sophomore Vincent Rexroad said, "It makes the state tests scarier knowing that my graduation depends on it; I worry about getting enough points. It adds stress knowing that I have more tests to take than usual because it is important for graduation, but I also am personally not that stressed out because I have taken a lot of tests over the years that I've been in school and have gotten used to the stress of them."

It is important not to get all worked up about the scores because everyone is different and some people aren't good test takers and that's okay. You have chances to take them again. Breathe and have confidence in your education.



Students study for the upcoming state tests.

# Epic Movies Featuring Epic Women

By Emily Gilligan



## Wonder Woman (PG-13) rated 92% on Rotten Tomatoes

Princess Diana, a strong warrior from the Amazons, meets an American pilot who tells her about what is threatening the outside world. With the hope that she can put a stop to whatever is endangering the Earth, Diana leaves her home for the first time and fights among thousands of men in battle, where she unleashes her true powers. Diana has become a figure that just about all girls, including myself, can look up to.



## The Hunger Games (PG-13) rated 84% on Rotten Tomatoes

Katniss Everdeen, a teenager from Panem, is put in a difficult situation when her young sister Primrose is picked to fight in the annual Hunger Games. Saving Prim from fighting for her life against the 12 districts, Katniss volunteers herself to take Prim's place. Her bravery, bow and arrow, and a few friends are the only things that help her in the tough, vicious battle that is the Hunger Games. Being my favorite book as a child, seeing it as a movie made me feel as strong as Katniss Everdeen.



## The Help (PG-13) rated 75% on Rotten Tomatoes

Set in 1960's Mississippi, Skeeter, a soon-to-be writer, decides to interview the black women who have worked for prominently white families their whole lives. Her small town is turned upside down by the truth that is told by these strong, brave women. This movie brings a form of bravery much different than the others, but equally as important.

# **Luck of the Irish Singer** By Kara Meehan

In this issue of *The Villager*, I have decided to review Niall Horan's album *Flicker*. I am reviewing his album because St. Patrick's Day is coming up and he is an Irish singer and songwriter.

Niall Horan has been playing guitar since he was 11 years old, as his brother had a guitar and couldn't play it, he took it and learned to play by watching YouTube videos. At 16, he auditioned for the X-Factor, but didn't make it as a solo artist. Judge Simon Cowell put him and four other boys (that also didn't make it as solo artists) together.

The group worked great together and people liked them as a group. In 2011, they formed a group called One Direction, and they became very popular over the next four years. After the group went on hiatus in 2016, Niall Horan released his album *Flicker* in September.

His album was a success with his hit songs "This Town" and "Slow Hands", and he went on a

worldwide tour in August. I really like Niall as a singer and a songwriter. My favorite song that he wrote was "Summer Love" from One Direction's *Take Me Home* album. I also really like his hit single "Slow Hands." I like this song because it's very calm and it gives off good vibes.



# ROCCO'S BOOK CORNER

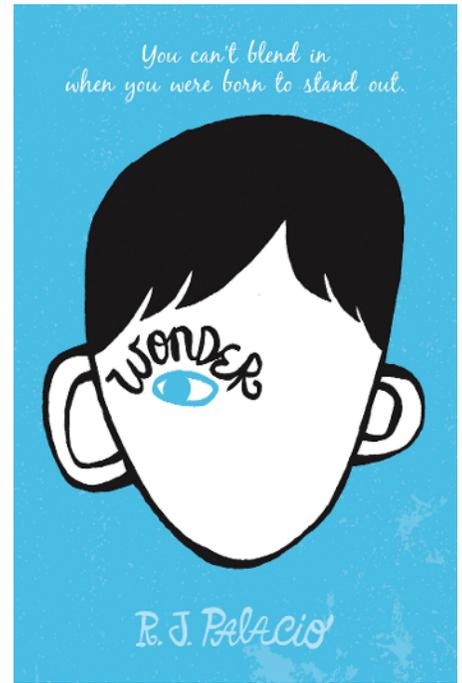
BY: ROCCO PASCARELLA

This month's book review is *Wonder* by R.J. Palacio. This book is about a ten year old named August Pullman with a genetic facial deformity. After being homeschooled for most of his life he finally enters the fifth grade. This is his first time in a normal school and many of his classmates use hateful language towards him as well as thinking he is disabled.

What I like about this book is that he finally gets to leave homeschool in the past and go to regular school. Even though he faces struggles in his life, August moves forward through all the drama of middle school and it shows that good always wins. Even with the loss of his pet and seeing seventh graders smoking, he chooses to follow his own path and stay a good person.

What I didn't like was how cruel kids can be to others with problems. People shouldn't be judged on the way they look, but by the way they act as a person and how they are set apart. Kids can be so awful to each other. Just because someone is different doesn't mean they shouldn't be treated with respect. Despite all of this, August doesn't let the bullies bring him down; he just does his own thing. August knows he is a different person, but he also knows his differences set him apart.

This book is a good read because it shows even with differences you can excel. Being yourself is the best thing it shows people you don't care what they think and they can bring you down. Be yourself and people will respect you. This book shows the struggles of August a young middle school boy who overcomes them and shows the world he is who he is and he won't change.



## Featured Artist: James Mayes

By Emily Gilligan

This issue, our featured artist is James Mayes. James is a freshman and currently in the Intro to Painting and Intro to Drawing classes with Mrs. Mills. His preferred medium is graphite and acrylic paint. James loves art and is hoping to share some of his work with the school.



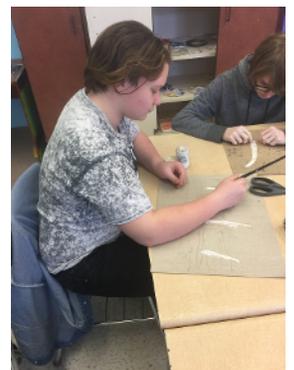
This is dedicated to his favorite comic book villain, Venom.



This represents love and the things you will do to protect those you love.



This was inspired by a comic that James loves.



James works on his latest project in Intro to Painting.

# JUNIOR AND SENIOR "SPORT'LIGHT"

By Lea Brown

## DANNY BARKER



HE'S A FRESHMAN THAT HAS BOWLED SINCE HE WAS 5

DANNY ENJOYS BOWLING BECAUSE HE THINKS IT'S FUN, AND IS GOOD AT IT

HIS GOAL FOR THIS SEASON WAS TO AVERAGE OUT TO A 200, HE DIDNT SUCCEED, BUT WILL WORK TOWARDS IT NEXT YEAR

DANNY'S FAVORITE PART OF THE SEASON WAS CONFERENCE BECAUSE EVERYONE WAS EXCITED TO BE THERE, AND EVERYONE WAS REALLY GOOD

## JENNA SIMMONS



SHE'S A JUNIOR WHO HAS BOWLED FOR 10 YEARS

JENNA BOWLS BECAUSE SHE WAS INTRODUCED TO IT AT A YOUNG AGE BY HER DAD AND SHE LOVES IT

THIS YEAR HER GOAL WAS TO MAKE IT TO STATE, WHICH SHE DID

SHE LOOKS UP TO JERRI EDWARDS BECAUSE SHE IS ALWAYS SO POSITIVE AND WAS THE FORMER TEAM USA COACH FOR BOWLING

JENNA IS EXCITED TO GO TO STATE BECAUSE SHE SAYS, "IT'S GOING TO BE A FUN ATMOSPHERE; EVERYONE THIS YEAR IS VERY GOOD, AND IT'LL BE FUN"

## BROOKLYN BOKAN



BROOKLYN IS AN 8TH GRADER WHO HAS PARTICIPATED IN TRACK FOR THE PAST YEAR

SHE THROWS SHOTPUT AND DISCUS

THIS SEASON HER GOAL IS TO THROW 88 YARDS IN DISCUS

SHE'S LOOKING FORWARD TO GOING TO MEETS AND POSSIBLY GOING TO INVITATIONALS

## MICHAEL PORTER



HE'S AN 8TH GRADER RUNNING TRACK FOR THE FIRST TIME THIS YEAR

HIS GOAL FOR THE SEASON IS TO RUN FASTER

MICHAEL IS DOING TRACK THIS YEAR TO CONDITION AND BE IN SHAPE FOR THE SUMMER

HE LOOKS FORWARD TO RUNNING AT MEETS AND INVITATIONALS

## Top 5 Lucky Things

By Jessica Stamp

1. Four Leaf Clover
2. Rabbit's Foot
3. Horseshoe
4. Rainbow
5. Pennies



If you are feeling down or unlucky, carry these around and find yourself lucky. Keep that rabbit's foot close and have that horseshoe hanging on your door. Go look for a four leaf clover underneath a rainbow or anywhere. And remember to always pick up a penny to have all day luck.

# Best Brownies in the Village

By Kara Meehan

One of my favorite desserts would be chocolate chip brownies, and I'm going to share my secret recipe so everyone can enjoy them too. They are very easy, fun, and anyone can make them.

Step 1. Preheat oven to 350 degrees. Brush a 9-inch square baking pan with butter. Line bottom and two sides with a strip of parchment paper, leaving a 2-inch overhang on the two sides. Butter paper and set pan aside. In a small bowl, whisk the flour, cocoa, baking powder, and salt; set aside for later.

Step 2. Place the butter and chocolate in a large heat-proof bowl set over (not in) a saucepan of gently simmering water. Heat, stirring occasionally, until smooth, 2 to 3 minutes; remove bowl from pan. Add sugar; mix to combine. Add eggs, and mix to combine. Add flour mixture; mix just until moistened (do not overmix). Add chocolate chips. Transfer the batter to prepared pan; smooth the top.

Step 3. Bake until a toothpick inserted in center comes out with a few moist crumbs attached, 50 to 60 minutes. Cool in pan for 30 minutes. Using paper overhang, lift brownies out of pan; transfer to a rack to cool completely (still on paper). On a cutting board, using a dampened serrated knife, cut into 16 squares. Store in an airtight container at room temperature, up to 2 days.

Ingredients:

- 8 tablespoons (1 stick) unsalted butter, cut into pieces, plus more for pan
- 1/4 cup unsweetened cocoa powder
- 1/2 teaspoon salt
- 1 cup all-purpose flour, spooned and leveled
- 1/2 teaspoon baking powder
- 8 ounces semisweet or bittersweet chocolate, chopped
- 3 large eggs
- 1 cup semisweet chocolate chips
- 1 1/4 cups sugar

Website: [www.MarthaStewart.com](http://www.MarthaStewart.com)



## Luck of March

By Jessica Stamp

Birthstone: Aquamarine

Zodiac: Pisces (Feb. 19- Mar. 20)

:are devoted, accepting, and imaginative

:most compatible with Taurus, Cancer, and Scorpio

:least compatible with Gemini and Sagittarius

Events: American Red Cross Month

:National Craft Month

:National Caffeine Awareness Month

:National Umbrella Month

Fun Facts: March was named for the Roman god of war, Mars

:Alexander Graham Bell made the first phone call

:The Eiffel Tower opened to the public in 1889

:The beginning of spring starts in March





# Backpage Pics



By: Rocco Pascarella

